

# Tuesday Tips: Prepping for Back to School

Whether it be daycare, pre-k or kindergarten, it is almost that time to go back to school. Here are some tips to help your child's transition go as smoothly as possible!

- If possible, take your child to visit their new school! Even if you can only look from the outside, talk about what you see and what looks like fun!
- If your child is taking a bus, talk to them about it! Look for school buses when you are out and about and show them pictures of school buses!
- If you know their teacher's name, tell them! Even better, if you have a picture of them, show your child their new teacher!
- Involve them in back-to-school prep. Take them with you when you go shopping and have them look at different things!
- Do they need a lunchbox? Have them pick it out! Talk about all the fun things they can pack for lunch this year!
- Ask your child if they have questions! Even if their questions are "silly," involve them in the conversation!

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